Phoebe Manchester

SMS Text Messaging Consent

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Treadwell Counseling, PLLC offers optional SMS text messaging for brief administrative and practice-related communications, including appointment reminders and confirmations, scheduling or rescheduling, administrative matters, responses to inquiries, and other practice-related information.
Message frequency varies. Message and data rates may apply. Reply STOP to opt out at any time. Reply HELP for help.
SMS messaging is optional. Consent to receive text messages is not a condition of receiving counseling or other services from Treadwell Counseling.

Information about how Treadwell Counseling handles personal information is available in our Website Privacy Policy:
https://treadwellcounseling.com/privacy-policy/

SMS Consent

Please select one:

☐ YES — I consent to receive SMS text messages from Treadwell Counseling, PLLC at the mobile number I have provided.

☐ NO — I do not consent to receive SMS text messages from Treadwell Counseling, PLLC.

If I consent, I understand that:

- I may opt out at any time by replying **STOP**.
- I may reply **HELP** for assistance or contact Treadwell Counseling at **603-276-0721**.
- Text messaging may not be completely secure or confidential. I will avoid sending highly sensitive or detailed mental-health information by ordinary text message.
- SMS messaging is not continuously monitored and should not be used for emergencies or crisis situations. In an emergency, I should call **911** or go to the nearest emergency department. For mental-health crisis support in the United States, I may call or text **988**.
- My mobile number and SMS consent information will not be sold or rented to third parties for their own marketing purposes. Information may be shared with service providers as necessary to operate Treadwell Counseling's messaging services.
- I may withdraw my SMS consent at any time without affecting my ability to receive services.

By signing below, I acknowledge my selection above and confirm that I have been provided access to Treadwell Counseling's SMS Text Messaging Terms & Conditions, Website Privacy Policy, and Notice of Privacy Practices.
SMS Text Messaging Terms & Conditions:
https://treadwellcounseling.com/sms-terms-and-conditions/
Website Privacy Policy:
https://treadwellcounseling.com/privacy-policy/
Notice of Privacy Practices:
https://treadwellcounseling.com/wp-content/uploads/2026/02/Notice_of_Privacy_Practices.pdf

By signing, I confirm that I have read this form and that the SMS consent choice I selected above accurately reflects my preference.

Signature Date